

Breast Cancer Resources **Available Across the Province**

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[100 Questions and Answers about Advanced and Metastatic Breast Cancer](#) (2012) by Lillie Shockeney.

[100 Questions and Answers about Breast Cancer](#) (2011) by Michael Krychman.

[Breast Cancer: Your Treatment Choices](#) (2013) by Terry Priestman. *Also available as an eBook.*

[Breast Cancer Companion: A Guide for the Newly Diagnosed](#) (2010) by Nancy Sokolowski . *Also available as an eBook.*

[Breast Cancer Journey: Essential Guide to Treatment and Recovery](#) (2013) by Ruth O'Regan. *Also available as an eBook.*

[Breast Reconstruction Guidebook](#) (2012) by Kathy Stelligo .

[Breast Stories: Cancer Survivors Speak Out](#) (2012) by Phil Carpenter

[Chemo: Secrets to Thriving from Someone Who's Been There](#) (2011) by Roxanne Brown.

[Cooking With Foods That Fight Cancer](#) (2007) by Richard Beliveau.

[Dear God They Say It's Cancer: a Companion Guide for Women on the Breast Cancer Journey](#) (2006) by Janet Thompson.

[Dr.Susan Love's Breast Book](#) (2010) by Dr. Susan Love.

[Eating Well, Living Well: an Everyday Guide for Optimum Health](#) (2009) by Richard Beliveau.

[Goodbye Cancer Garden](#) (2011) by Jania Matthies. This is a children's picture book about a mother with breast cancer who plants a garden and watches it grow through the seasons as she and her family survive.

[Husband's Guide to Breast Cancer: a Complete and Concise Plan for Every Stage](#) (2013) by Todd Outcalt.

[Intimacy After Breast Cancer: Dealing with Your Body, Relationships and Sex](#) (2010) by Gina Maisano.

[It's Probably Nothing: Or How I Learned to Stop Worrying and Love My Implants](#) (2013) by Micki Myers.

[John's Hopkins Medicine Patients' Guide to Breast Cancer](#) (2010) by Lille Shockney.

[Living Well Beyond Breast Cancer](#) (2010) by Marisa Weiss.

[Pink Ribbon Diet](#) (2010) by Mary Flynn. *Also available as an eBook.*

[Positive Results: Making the Best Decision for When You Are at High Risk for Breast and Ovarian Cancer](#) (2010) by Joi L. Morris.

[Previvors: Facing the Breast Cancer Gene and Making Life-Changing Decisions](#) (2010) by Dina Roth Port.

[Straight Talk About Breast Cancer](#) (2010). *Also available as an eBook.*

Ebooks: These books are available to download for free from our eLibrary (www.nlpl.ca).

[8 Weeks to Women's Wellness : the Detoxification Plan for Breast Cancer, Endometriosis, Infertility, and Other Women's Health Conditions](#) (2013) by Marianne Marchese.

[Breast Cancer: Your Treatment Choices](#) (2013) by Terry Priestman .

[Breast Cancer Companion: A Guide for the Newly Diagnosed](#) (2010) by Nancy Sokolowski .

[Breast Cancer: Answers at Your Fingertips](#) (2013) by Emma Pennery.

[Breast Cancer Journey: Essential Guide to Treatment and Recovery](#) (2013) by Ruth O'Regan.

[Chicken Soup for the Breast Cancer for the Breast Cancer Survivor's Soul](#) (2006) by Jack Canfield.

[Chicken Soup for the Soul Healthy Living Series: Breast Cancer](#) (2013) by Edward Creagan.

[Confronting Hereditary Breast & Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny](#) (2012) by Sue Friedman.

[Mayo Clinic Breast Cancer Book](#) (2012).

[No One Said It Would Be Easy: A Husband's Journey Through His Wife's Battle with Breast Cancer](#) (2013) by Ken Churilla.

[Pink Ribbon Diet](#) (2010) by Mary Flynn.

[Quick Facts – Breast Cancer: What You Need to Know Now](#) (2011) by American Cancer Society.

[Straight Talk About Breast Cancer](#) (2010).

DVD: [Forks Over Knives](#)

Magazine: Pathways: Canada's Lymphedema Magazine (You must visit the library to read this magazine.).